

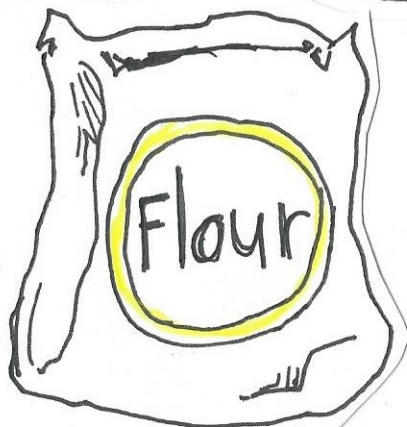
# Papier Mâché

COOKED  
RECIPE

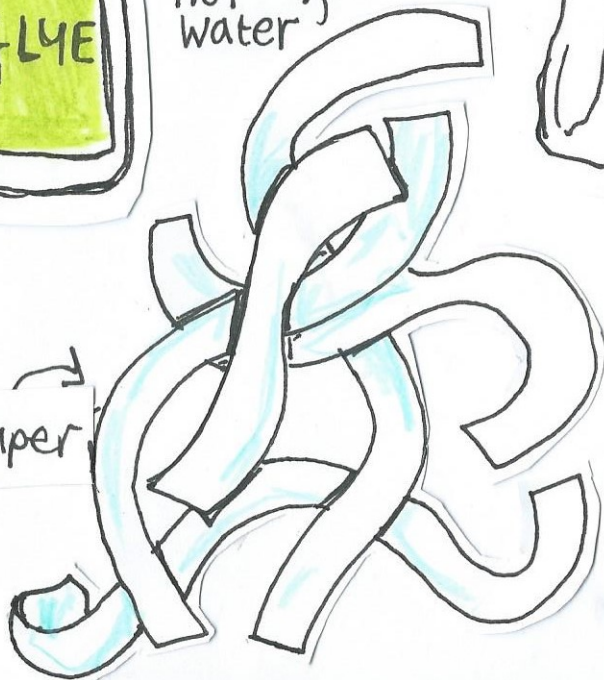
MOLD-FREE  
GLUE RECIPE



Hot  
water ↗



Newspaper ↗



↗  
Salt

1

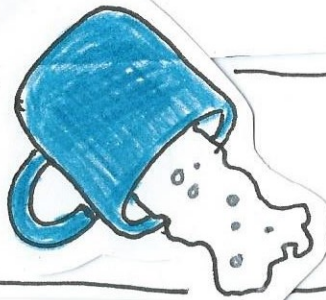
## COOKED RECIPE

1

- $1\frac{1}{4}$  cups of warm water
- $\frac{1}{4}$  cup of flour
- 1 tablespoon of table salt

2

- pour 1 cup of water into a saucepan and bring to the boil.



3

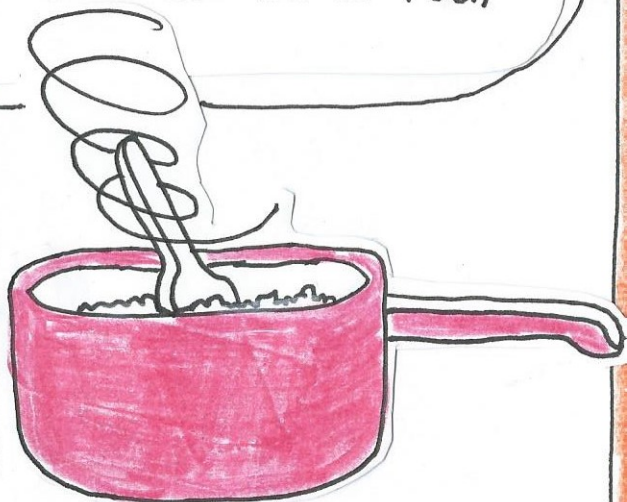
Add a tablespoon of salt to your flour, this will stop mold. stir the  $\frac{1}{4}$  cup of flour into the remaining  $\frac{1}{4}$  cup of water.



2  
4  
• When the water is boiling, slowly pour in the water, flour and salt mix, mixing constantly.

5  
• Turn down the heat, allowing it to simmer for three or four minutes.

6  
• Beat with a fork (or if you have a whisk) this will help break up the lumps.

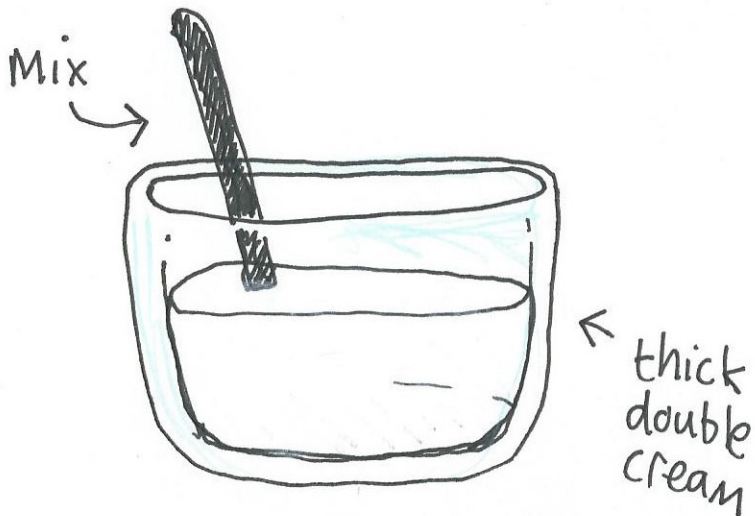


7  
• Continue to mix/whisk the mixture until it looks and feels like double cream.

8  
• You can always add a little extra flour or water. It will continue to thicken as it cools.

3

## MOLD-FREE GLUE RECIPE .



- Pour small amounts of warm water into the glue.
- only add a little at a time until it resembles thick double cream or custard.

4

# Papier-Mache Pulp

Great for adding details  
to your Sculptures.

- Tear newspaper into tiny pieces and put them into a large bowl.



- Add hot water to cover newspaper and leave overnight (if you want it quicker, add boiling water until it falls apart.)
- Mix it with your hands until it feels like porridge. Try and press the lumps out.
- Add a couple of teaspoons of Salt to help stop mold.



5 You can use many things to build and sculpt your bases for your papier mache artworks.



CARDBOARD

MASKING TAPE

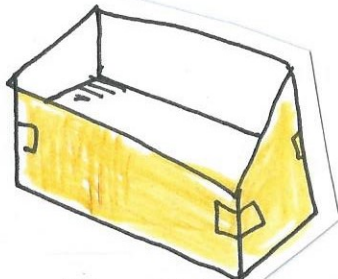


NEWSPAPER

BALLOONS



LOO ROLLS



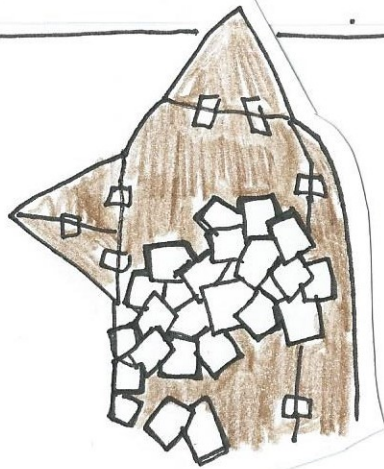
BOXES

## STEP BY STEP

1 Tear strips or small squares from newspaper or Magazines.

2 Use your fingers to cover both sides of your paper in your papier mache paste.

cardboard  
base  
cut and  
taped to  
create your  
shape.



3 Cover your sculpted base with the paste covered paper. Smoothing them down to get rid of air bubbles and overlapping each piece.



7

## STEP BY STEP

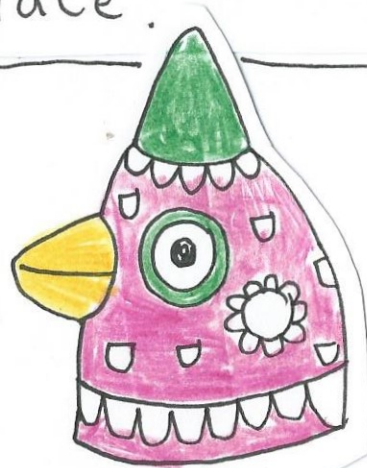
4

You will need about 5 layers over all of your base.

5

Leave overnight to dry before you paint and decorate.

Paint  
or  
Collage  
to add  
colour  
and detail



6

If you did not want to paint it, you could use different coloured paper and collage the details and design (with papier mache)